

**MAY
16 - 17**

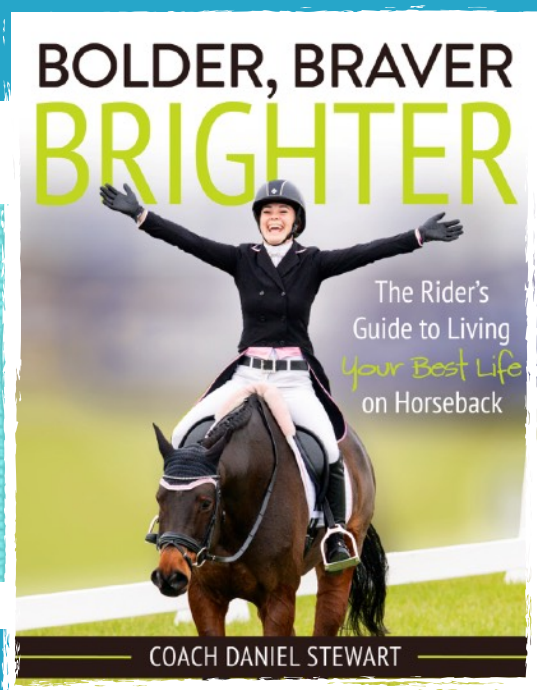
**Bonnie
Lea
Farm**

**511 North St,
Williamstown, MA 01267**



with

COACH DANIEL STEWART



RIDING CLINICS SPORT PSYCHOLOGY SEMINAR RIDER FITNESS WORKSHOP AND BOOTCAMP

Daniel Stewart is a former international team coach, mental-coaching consultant to many equestrian associations; has published four books on equestrian sport psychology, biomechanics and fitness; and is considered one of the worlds leading experts on equestrian sport psychology, athletics and performance... and he's coming to teach us!

His upbeat and empowering clinic and symposium is the perfect way for us to become more confident and courageous by learning how to overcome fears, failures and frustrations. It's also perfect for anyone who gets a bit nervous, experiences show jitters, struggles with mistakes or memories... or anyone who just wants to put a little more happy in their happy place!

Our clinic and workshops include a live Q&A's and book signing!

CLINIC SCHEDULE

SATURDAY

12:00 - 1:30
2:00 - 5:00
5:00 - 5:30

MAY 16

LUNCH LECTURE (Sport Psych)
RIDING LESSONS (2 groups)
Q&A / BOOK SIGNING

SUNDAY

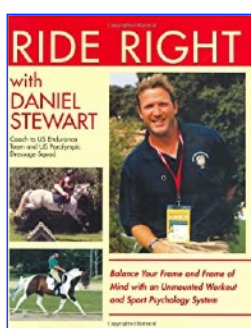
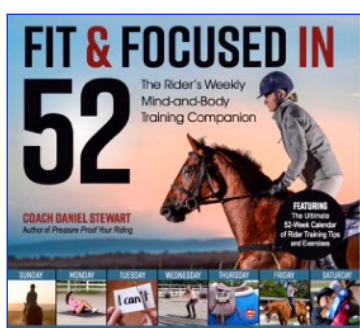
8:00 - 9:30
10:00 - 1:00
1:00 - 1:30

MAY 17

BREAKFAST & BOOTCAMP
RIDING LESSONS (2 groups)
Q&A / BOOK SIGNING

Riders of all ages welcome!

THE SECRET TO HAVING IT, IS KNOWING YOU ALREADY DO!



For more info contact Carin at:
cdemayowall@gmail.com

Learn more about Coach Stewart at
www.PressureProofAcademy.com

