

## YIPPEE-YAHOO!!

We hear you are coming to BONNIE LEA FARM THIS SUMMER.

At BLF, our barn culture is based on two simple principles, safety and respect. Safety is critical in a farm setting and when working with animals and other people. Respect for self, other people, animals, equipment and our environment makes BLF a fun and safe place to be with friends, both human and animal. We are looking forward to having you join us.

### **Here is some information you will want to know before you arrive.**

#### Drop Off/Pick Up:

- Please arrive between 8:45 and 9:00 am and use the barn driveway and parking area.
- Please drive slowly, watching for kids and animals.
- If you did not submit a release with registration, a parent or guardian will need to complete a release form the first morning of your arrival.
- For safety reasons, friends and family may **not** go into barns, fields or paddocks.
- Pick up is at noon for half-day participants and 3:00 for full day participants. If additional time is needed, each additional hour is \$20 per hour per day. Please make arrangements ahead of time.

#### Clothing and Gear:

- Please wear boots or shoes with a heel if you are riding. Sneakers will be allowed for the Farm Program Participants but shoes need to be sturdy. Socks prevent blisters. **ABSOLUTELY NO FLIP FLOPS OR CROCKS**, as serious injuries can result if you were to get stepped on.
- Please wear jeans or riding breeches for riding. Shorts are not allowed while riding.
- Farm session participants can wear shorts and Horse session riders can wear shorts under your jeans or bring them on hot days for after lessons. Sometimes we cool off in the brook and some bring water shoes and/or bathing suits for this.
- If you have a riding helmet, please bring it with you and be sure to write your name inside.
- You may want to bring gloves for project work and cleaning.
- No loose fitting clothing such as scarves, bell-bottom jeans, pajama bottoms or spaghetti strapped tops. All of these items can get caught when you are riding or working on a farm.
- Large earrings, or facial piercing can even get caught in horses' tails as they "swish". Please leave these items at home.
- A backpack or bag will be helpful for transporting all of your gear and snacks/lunch.
- Of course you will want your name on all of your belongings, including clothing.

#### Snacks, Lunches & Drinks:

- Please bring your own snacks and lunches. **DUE TO PEANUT ALLERGIES** of some of our participants, please do not send any snacks or lunch items with peanuts or nuts.
- Please bring water bottles that are refillable. If you bring other drinks we ask that you help recycle and not put them into the trash. We will be sure to have water available for refilling.
- Bring healthy snacks or lunch as appropriate. Riders, like other athletes get hungry and thirsty.
- Please re-use bags or lunch boxes when possible.
- Please do not litter. Not only is this bad for the environment, but it is dangerous to animals.

#### Sun Protection

- Be sure to apply & bring sunscreen.
- Bring a hat.
- Wear sunglasses
- Pack a light long-sleeve shirt in case needed.

We hope these tips will help you prepare for your arrival. Please let us know if you have any questions in the meantime. ([bonnieleafarm@gmail.com](mailto:bonnieleafarm@gmail.com) or 413-441-6349) See you soon!